

# PERSONAL CARE SERVICES

Serene Hands Homecare provides Personal Care Services to individuals in their own homes and communities, who need assistance caring for themselves as a result of old age, sickness, disability, and/or other afflictions. These services include but are not limited to:

1. **Bathing**
2. **Dressing**
3. **Eating/Feeding**
4. **Toileting**
5. **Grooming**
6. **Transferring Assistance**
7. **Ambulation Assistance**
8. **Mobility Assistance/Positioning**
9. **Personal Hygiene**
10. **Meal Preparation**
11. **Light Housekeeping which may include laundry, dish washing, and tidying.**
12. **Skin care**
13. **Medication Administration Assistance for self administered medications**
14. **Behavioral Redirection**
15. **Safety/Supervision and Cueing with Dementia Clients**

## Serene Hands Homecare

PROVIDING PEACE AND SERENITY FOR LIFE'S STORMS