

# COMPANION/SITTER SERVICES

Serene Hands Homecare provides Companion/Sitter services to individuals in their own homes and communities, who need assistance caring for themselves as a result of old age, sickness, disability, and/or other inflections.

Companion/Sitter services include, but are not limited to the following activities:

1. **providing companionship, friendship, and emotional support;**
2. **talking listening, sharing experiences,**
3. **playing games/cards, reading to clients etc.;**
4. **helping keep clients in contact with family and friends**
5. **providing transportation to medical appointments, grocery stores, and errands;**
6. **accompanying clients to recreational and/or social events;**
7. **assisting with plans for visits and outings;**
8. **writing or typing letters/correspondence;**
9. **organizing and reading mail;**
10. **planning local trips and out-of-town travel for clients;**
11. **teaching/performing meal planning and preparation**
12. **performing light housekeeping;**
13. **accompanying client on walks;**
14. **reminding client to take medication;**
15. **reminding client to start or finish meals;**
16. **Assisting with pet care (limited)**

## Serene Hands Homecare

PROVIDING PEACE AND SERENITY FOR LIFE'S STORMS

**Companion/Sitter Services shall not include any hands-on or Personal Care activities**

FOR MORE INFO CALL 251-930-2953 OR EMAIL [INFO@SERENEHANDSHOMECARE.COM](mailto:INFO@SERENEHANDSHOMECARE.COM)