

HOMEMAKER SERVICES

Serene Hands Homecare provides Homemaker services to individuals in their own homes and communities, who need assistance caring for themselves as a result of old age, sickness, disability, and/or other infirmities. These services include but are not limited to:

1. **Conducting routine housekeeping activities such as:**
 - making/changing beds;
 - dusting;
 - washing dishes, pots, pans, and utensils;
 - cleaning kitchen counters, cupboards, and appliances, including oven, and stovetop burners;
 - cleaning inside refrigerator;
 - gathering up trash from inside the home and putting it out for pick up;
 - cleaning bathroom fixtures;
 - sweeping/vacuuming and scrubbing floors;
 - vacuuming carpets and upholstery;
 - washing inside windows and cleaning blinds that are within reach without climbing;
2. **Doing laundry and ironing;**
3. **Mending clothes;**
4. **Teaching/performing meal planning and preparation;**
5. **Cleaning up after meals;**
6. **Assisting with special, written diet plans and reinforcing diet maintenance, which**
7. **is provided under the direction of a Physician;**
8. **Escorting or transporting clients to medical facilities, errands, shopping, and**
9. **outings;**
10. **Shopping for essential items on the client's behalf such as groceries and cleaning**
11. **supplies;**
12. **Performing errands such as picking up medication and posting mail;**
13. **Providing companionship, friendship, and emotional support;**
14. **Reading essential material to illiterate clients;**
15. **Assisting clients with communication by writing or typing correspondence;**
16. **Performing optional homemaker services, which are short-term, intermittent tasks necessary to maintain a clean, safe, healthy, and habitable home environment**

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PROVIDING PEACE AND SERENITY FOR LIFE'S STORMS

Homemaker services shall not include any hands-on or Personal Care activities